

39th Annual National Conference of Indian Society for Study of Pain

08th February 2025 | Venue: WelcomHotel by ITC Hotels, Jabalpur, Madhya Pradesh

Hall A

Timings	Topics	Speaker/Panelist	Chairperson/Moderator
11:30 - 14:00	EPOSTER PRESENTATION (Hall A- Royal Ball Room - Prefunction Area - Lobby Level)		
07:30 - 08:30	REGISTRATION		
08:30 - 10:00	SESSION 1:		
Chairpersons:		Dr Bibhu Kalyani Das	
		Dr Laxmi Vas	
08:30 - 09:00	Panel Discussion: On Restless Leg Syndrome	Panelists: Dr Sudhir Diwan Dr Dureja Dr V Bhardwaj Dr Anupam Sahani Dr Babita Ghai	Moderator: Dr Rajendra Sahoo
Chairpersons:		Dr Ashish Sethi	
		Dr Ravindra Harne	
09:00 - 09:30	Presidential Keynote	Dr Sunita Lawange	
Chairpersons:		Dr Sunita Lawange	
		Dr Pravesh Kanthed	
09:30 - 10:00	Oration	Dr Palanisamy Vijayanand	
10:00 - 10:20	TEA/COFFEE BREAK		
10:20 - 11:10	SESSION 2: ADVANCED SPINE		
Chairpersons:		Dr Rampal	
		Dr Sunita Lawange	
10:20 - 10:30	Dennis Classification Of Vertebral Fractures : Art Of Cementing In Individual Types of Fractures	Dr Anuraag	
10:30 - 10:40	Diagnosis of Pain Generators	Dr Muralidhar Joshi	
10:40 - 10:50	How To Cross Overgrown Sap During Transforaminal Discectomy	Dr Jaideep Singh	
10:50 - 11:00	Identification Of Different Structures On Endoscopic Discectomy Interlaminar Route	Dr Kailash Kothari	
11:00 - 11:10	Q & A		
11:10 - 12:20	INNOVATIONS		
Chairpersons:		Dr Geeta Joshi	
		Dr Ajit Kumar	
11:10 - 11:20	Subchondral Bone Marrow Aspirate Concentrate (BMAC) Injections For Osteoarthritis Of The Knee	Dr Sudhir Diwan	
11:20 - 11:30	Innovations in Pain Treatment	Dr Neeraj Jain	

11:30 - 11:40	Treatment Of Endometriosis Related Pain	Dr Dureja	
11:40 - 11:50	Post-Laparoscopy Hernia Groin Pain	Dr Vivek Chakole	
11:50 - 12:00	Role Of Sympathetic Blocks For Chronic Intractable Cardiac Chest Pains Which Are Not Amenable To Conventional Revascularisation	Dr Shah Nawaz	
12:00 - 12:10	Post Cesarean & Hysterectomy Pain in Abdomen	Dr Satish Kumar MN	
12:10 - 12:20	Q & A		
12:20 - 13:50	SONOGRAPHY		
Chairpersons:			Dr Snehal
			Dr Murlidhar Joshi
12:20 - 12:30	Evidence In Orthobiologics	Dr Sharmila Tulpule	
12:30 - 12:40	Sonography Identification Of Reverse Arthroplasty Of Shoulder & Management Of Periprosthetic Pain	Dr Reena	
12:40 - 12:50	Sonography Identification Of Sub Occipital , Inferior Obliquus Capitis & Sternocleido Mastoid Tendinopathy For Neck Pain & Headache	Dr Sumita Kumari	
12:50 - 13:00	Sonography Identification Of Tendonopathy Of Extensor Tendon Of Thumb Or Pulley Injury& It's Management	Dr Ravi Kalanthur	
13:00 - 13:10	Ultrasound-Guided Sacral Multifidus Plane Block For Analgesia Following Excision Of Sacrococcygeal Teratoma In Neonates.	Dr Rajesh Mahajan	
13:10 - 13:20	Sonography Evaluating Torticollis & Evaluating Is There Role Of Botox For Management	Dr Ashish Chakrawarty	
13:20 - 13:30	US Guided Stellate Ganglion Block	Dr Sukhdeo Gupta	
13:30 - 13:40	Newer advances in treatment of chondromalacia patella	Dr Archana Deshpande	
13:40 - 13:50	Q & A		
13:50 - 15:00	LUNCH		
15:00 - 16:50	SONOGRAPHY		
Chairpersons:			Dr Naveen Malhotra
			Dr Anurag Agarwal
15:00 - 15:10	Ultrasound Guided Percutaneous Management Of Peripheral Branches Of Trigeminal Nerve and Sphenopalantine Ganglion.	Dr Virendra Mohan	
15:10 - 15:20	Ultrasound Evaluation Of Popliteous Muscle An Important Cause Of Knee Pain	Dr Kirti Sateesh Pawar	
15:20 - 15:30	Sonography Assessment Of Medial Thigh Pain	Dr Mohini Raut Waghmare	
15:30 - 15:40	Sonography Identification Of Anterior Tibio Fibular Ligament Partial Tear And Management	Dr Rajendra Sahoo	
15:40 - 15:50	De-Quervain's Teno Synovitis Vs Intersectional Syndrome Sonography Dignosis & Management	Dr Pratibha Matche	
15:50 - 16:00	Why Is Sonography Guided Genicular Nerve Block Superior Than Fluro Guided Block In Advanced Osteoarthritis	Dr Sweety Purushotham	
16:00 - 16:10	All Pain Precipitated In Sitting Position Are Not Pudendal Neuralgia	Dr Varun Singla	

16:10 - 16:40	Panel Discussion: On Medial Epicondyle Pain	Panellists: Dr Vishwas Sharma Dr G Kumar Dr Vanmathy Dr Manish De Dr Abhirup Nayak	Moderator: Dr Karthic Babu Natarajan
16:40 - 16:50	Q & A		

Hall B			
Timings	Topics	Speaker/Panelist	Chairperson/Moderator
10:00 - 10:20	TEA/COFFEE BREAK		
10:20 - 12:30	CANCER PAIN		
Chairpersons:			Dr Bahati
			Dr Pravesh Kanthed
10:20 - 10:30	Intrathecal Neurolytic Blocks For Cancer Pain	Dr Ghedoo	
10:30 - 10:40	Total Pain Relief In Cancer Patients Beyond Opioids	Dr P N Jain	
10:40 - 10:50	Cancer Pain Management In Patient With Opioid Abuse	Dr Debolina Ghosh	
10:50 - 11:00	Role of CT Guided & Robotic Interventions for Cancer Breast	Dr Anjali Kolhe	
11:00 - 11:10	Post Herpetic Neuralgia In Cancer Patients	Dr Madhuri Lokapurkar	
11:10 - 11:20	Indications And Technique Of Combining Coeliac Plexus Block And Splanchnic Block For Advanced Malignancy Of Pancreas	Dr Mithilesh Kumar	
11:20 - 11:30	How To Determine Whether Your Pain Is Muscular, Skeletal Or Malignant In Origin	Dr Sarita Singh	
11:30 - 11:40	Management Of Symptomatic Bone Metastasis	Dr Joy Shankar Jana	
11:40 - 11:50	Technique Of Splanchnic Block And Its Superiority Over Coeliac Plexus Block For Ca Pancreas	Dr Bhuvna Ahuja	
11:50 - 12:00	End Of Life Care"-What Else Beyond Morphine	Dr Rampal	
12:00 - 12:10	Cancer Pain Management: Role Of Sympathetic Blocks	Dr Prashant	
12:10 - 12:20	Emerging Therapies In Cancer Pain Management	Dr Vidya	
12:20 - 12:30	Vertebroplasty Of Malignant Compression Fractures	Dr Gaurav Sharma	
12:30 - 12:40	Q & A		
12:40 - 13:50	NEUROPATHIC		
Chairpersons:			Dr Sudheer Dara
			Dr Naveen Malhotra
			Dr Debesh Bhoi
12:40 - 12:50	Algorithmic Approach To Low Back Pain :Clinical Aspects	Dr Babita Ghai	
12:50 - 13:00	Is Headache And Their Management In 10 To 14 Yrs Children Different From Adults	Dr Nitin Hayaran	

13:00 - 13:10	Red Flags In Cranio Fascial Pain	Dr Manoj Shinde	
13:10 - 13:20	Genetic Association Mechanistic Insights Cognitive Deficits And Bottom Up Transational Approaches In Neuropathis Pain And CIPN In 202	Dr Ashok Saxena	
13:20 - 13:30	Targeted Epidural Patch For Refractory Headache for Spontaneous Intra Cranial Hypotension	Dr Sri Ganesh Kamath	
13:30 - 13:40	Tips & Tricks Of Doing Transforaminal ESI In Patients With Instrumentation Complaining Of Leg Pain	Dr Hitesh Patel	
13:40 - 13:50	Q & A		
13:50 - 15:00	LUNCH		
15:00 - 15:30	VIDEO PRESENTATION		
Chairpersons:			Dr Jhaveri
			Dr Ramlal Agarwal
15:00 - 15:10	Indications & Video Demonstration Of Sphenopalantine Ganglion Block	Dr Ashu Jain	
15:10 - 15:20	Sonography Identification Of Supra Spinatous Tear & Thinning Of Muscle With Video Demonstration Of Injection Of Growth Factor Concentrate(GFC)	Dr Anuj Jain	
15:20 - 15:30	Indication ,Technique & VIDEO Demonstration Of Suprascapular Nerve And Supraclavicular Nerve Blocks In Patients Of Shoulder Pain	Dr Akhilesh Gupta	
15:30 - 17:00	AXIAL SKELATON & NOVEL CARE		
Chairpersons:			Dr Vivek Palsule
			Dr Pradeep Jain
15:30 - 15:40	Tingling Numbness In Upper Limb Is Not Always Cervical Radiculopathy	Dr Rajeev Harshe	
15:40 - 15:50	Complications & Preventions Of Neurologic Injuries During Cervical Epidural	Dr Palak Mehta	
15:50 - 16:00	Musculoskeletal Causes Of Orofascial Pain	Dr Ruchi Gupta	
16:00 - 16:10	Beat Osteoporosis In Your Patients With Anabolic First Followed By Antiresorptive Vs Resorptive	Dr Sameer Basak	
16:10 - 16:20	Osteoporosis Management In CKD	Dr Ritu Puranik	
16:20 - 16:30	Approach To Axial Low Back Pain With Emphasis On Spondyloarthropathies	Dr Deep Divanshulall	
16:30 - 16:40	Refractory Trigeminal Neuralgia-How Do I Manage It.	Dr Nagalaxmi	
16:40 - 16:50	Differentiating Discogenic Pain From Sacroiliac Joint Pain	Dr Priyanka B Chougule	
16:50 - 17:00	Pulsed RF As Emerging Modality For Pain Management Of Shoulder	Dr Jayasudha J	

Hall C			
Timings	Topics	Speaker/Panelist	Chairperson/Moderator
10:00 - 10:20	TEA/COFFEE BREAK		

10:20 - 11:00	SNAPPING		
Chairpersons:			Dr Krishna Poddar
			Dr Ravi Kalathur
			Dr Sukhdeo
10:20 - 10:30	External & Internal Causes Of Snapping Syndrome Hip	Dr Rajendra Sahu	
10:30 - 10:40	Snapping Syndrome Due To Infraspinal	Dr Palbha Khanna	
10:40 - 10:50	Snapping Syndrome Triceps cause of pain in posteromedial Elbow	Dr Vanmathy	
10:50 - 11:00	Q & A		
11:00 - 12:40	RADIOGRAPHY & ORTHOBIOLOGICS		
Chairpersons:			Dr G Kumar
			Dr Sujeet Goutam
11:00 - 11:10	Comparison Of Radiographic Abnormalities Between Degeneration Due To Osteoarthritis And Ankylosing Spondylites Of Sacroiliac Joint	Dr Shovan Rath	
11:10 - 11:20	Can The Outcome Of Orthobiologics Be Predicted In Advance Based On CT & MRI	Dr Mahesh	
11:20 - 11:30	Role Of Autologous Conditioned Serum For Lumbar Canal Stenosis	Dr Manas Manohar	
11:30 - 11:40	PRP In Tendinopathies. Where To Inject And What Should Be The Volume Of PRP	Dr Kiran Shete	
11:40 - 11:50	Role of High Concentration and High Molecular Weight of Hyaluronic acid in the treatment of Osteoarthritis Knee	Dr Ashu Jain	
11:50 - 12:00	The Current and Future State of Musculoskeletal Regenerative Therapeutics: PRP and Beyond	Dr Minal Chandra	
12:00 - 12:10	CT Guided GFC Injections For PCL Tears	Dr Chetna Chetan	
12:10 - 12:20	Can We Improve Our Results By Opting For CT Guidance Over C Arm For Pain Procedures	Dr Nankar	
12:20 - 12:30	CT Guided T2 T3 Radiofrequency Ablation	Dr Kashinath	
12:30 - 12:40	Q & A		
12:40 - 13:50	HIP & GROIN		
Chairpersons:			Dr Vanmathy
			Dr Debjyoti
12:40 - 12:55	Platelet Rich Plasma Therapy For Groin Pain	Dr Abhimanyu Singh Rana	
12:55 - 13:15	Pubic - Bone Related Causes Of Groin Pain	Dr Raghvendra	
13:15 - 13:30	Iliopsoas Related Causes For Groin Pain	Dr Poonam Ronsa	
13:30 - 13:50	Q & A		
13:50 - 15:00	LUNCH		
15:00 - 16:10	CHRONIC PAIN & PELVIS		
Chairpersons:			Dr Rajendra sahu
			Dr Shantanu Mallick
15:00 - 15:10	End Plate Changes An Important Cause Of LBA	Dr Dilesh Kadapamannil	

15:10 - 15:20	Chronic Pain & Modern Lifestyle: Is Technology Taking Its toll	Prof. Jasbir Kaur	
15:20 - 15:30	Understanding Psychological Components Of Pelvic Pain And Bladder Pain In Males	Dr Jayesh Thakral	
15:30 - 15:40	Overview Of Post Cancer Radiation Neuropathy	Dr Poorna	
15:40 - 15:50	Palliative Care Of Patients Of Diabetic Peripheral Neuropathy	Dr Vinay Somya	
15:50 - 16:00	Strategies & Alternatives As MIPSI Is Not Always Effective	Dr Naveen Malhotra	
16:00 - 16:10	Q & A		
16:10 - 16:50	NEUROMODULATION		
Chairpersons:			Dr Sudhir Diwan
			Dr Dureja
16:10 - 16:20	Fellowship Opportunities In UK	Dr Vivek Mehta	
16:20 - 16:30	Accreditation In Neuromodulation	Dr Kavita Poply	
16:30 - 16:40	First Hand Experience Of UK Pain Training and Neuromodulation	Dr Yunus Khilji	
16:40 - 17:00	Q & A		

Hall D			
Timings	Topics	Speaker/Panelist	Chairperson/Moderator
10:00 - 10:20	TEA/COFFEE BREAK		
10:20 - 11:30	PRACTICE PROPS & TOOLS		
Chairpersons:			Dr Eeshwar MV
			Dr Umamaheshwar
10:20 - 10:30	AI in Pain Practice	Dr Pratik	
10:30 - 10:40	Simply Mastering The Art Of Article Writing For Swift Acceptance	Dr Indubala Mourya	
10:40 - 10:50	How To Perform Pain Procedures Under Ayushmaanyojna And Ensure Reimbursement	Dr Swapnil Baraskar	
10:50 - 11:00	PCPNDT For Pain Physicians	Dr Gedhoo	
11:00 - 11:10	Yoga For FMS / Central Sensitization Pain Syndromes	Dr Kritika Doshi	
11:10 - 11:20	Doctor Heal Thyself -Self Care Tips For Pain Physician	Dr Pabitra Ghosal	
11:20 - 11:30	Q & A		
11:30 - 12:30	NEURALGIA & DRUGS		
Chairpersons:			Dr Preet Narula
			Dr Mohit Mahajan
11:30 - 11:40	Low Backache Is Not Always Discogenic It Could Be Cluneal Neuralgia	Dr Senthil Kumar Raju	
11:40 - 11:50	Pelvic Neuralgia Due To Ilioinguinal Nerve	Dr Anamika	
11:50 -12:00	Overview Of Post Cancer Radiation Neuropathy	Dr Poorna MS	
12:00 - 12:10	Pain Interventions For Patient Of Fibromyalgia	Dr Abhirup Nayak	
12:10 - 12:20	RFA Trends And Innovations Globally	Dr Reman McDonagh	

12:20 - 12:30	Recent Advances In Role Of Medical Marijuana Cannabis In Chronic Pain Management	Dr Ravi Shankar Sharma	
12:30 - 13:50	REGENERATION		
Chairpersons:			Dr Hitesh Patel
			Dr Chinmoy
12:30 - 12:40	Fluroscopic Guided Percutaneous ACL Repair	Dr Surbhi Bhagat	
12:40 - 12:50	Clinical Case Series Of BMAC For OA Knee	Dr Surbhi Bhagat	
12:50 - 13:00	Sclerotherapy For Baker Cyst With Dextrose And Steroid	Dr Kritisundar Mandal	
13:00 - 13:10	Comparison of PRP Vs Growth Factor Concentrate. Does the kit make any difference in results	Dr Soveer Dhakad	
13:10 - 13:20	Evidence Based Regenerative Therapy Is Superior To Steroid For Lumbar Facet Arthropathy	Dr Ajit Kumar	
13:20 - 13:30	Inflammatory Arthrites And Joint Pain Needing Pain Interventions	Dr Arghya Mukherjee	
13:30 - 13:40	Do We Need To Collaborate With Rheumatologists For Comprehensive Care Of The Rheumatoid Arthrites Patients	Dr Manish De	
13:40 - 13:50	Q & A		
13:50 - 15:00	LUNCH		
15:00 - 15:50	MSK & NERVOUS SYSTEM		
Chairpersons:			Dr Laxmi Vas
			Dr Shailendra Singh Chouhan
15:00 - 15:10	Kyphoplasty For Burst Fractures With No Spinal Compromise	Dr Sujeet Goutam	
15:10 - 15:20	Ways To Control Bleeding & CSF Leak During Endoscopic Discectomy	Dr Sushil Jaiswal	
15:20 - 15:30	LBA Could Be Due To Ankylosing Spondylites :Its Evaluation And Role Of Pain Physician	Dr Manish Sinha	
15:30 - 15:40	Sonographic Guided Cryoneurolysis Of Intercostal Nerve	Dr Goutam Das	
15:40 - 15:50	Ultrasound Sonoanatomy Of Spine: Is The Usefullness Really Limited	Dr Manisha Arora	
15:50 - 16:40	CRPS		
Chairpersons:			Dr P N Jain
			Dr Ravishankar
15:50 - 16:00	Complex Regional Pain Syndrome Of Wrist & Hands	Dr Neha Jadhav	
16:00 - 16:10	Multimodal Approaches Of Rehabilitation Of Patients Of CRPS	Dr Piyali	
16:10 - 16:20	Role Of Stellate In Peripheral Vascular Disease	Dr Kalpana Ravikumar	
16:20 - 16:30	Role Of Stellate Ganglion Block For Recurrent Paroxysmal Tachycardia Not Responding To Conventional Medications	Dr Radhika Deva	
16:30 - 16:40	Q & A		
16:50 - 17:00	Session Closed		